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Hope Suhr is not connected with the Federal Medicare program. An agent may contact you

Important Notice: Protect Yourself from Scams

### Dear Friends

I hope this message finds you well. In recent times, scammers have become increasingly sophisticated in their attempts to exploit and defraud individuals, especially targeting seniors and Medicare recipients. It's crucial to stay informed and vigilant to protect yourself from falling victim to scams. Here are some common scam tactics to be aware of:

### **Calls and Texts:**

Be cautious of unsolicited calls or texts claiming to be from government agencies, health providers, or insurers. Avoid sharing personal information such as Social Security numbers, Medicare IDs, or financial details over the phone or via text.

### **False Health Benefit Threats:**

Scammers may use scare tactics, asserting that your health benefits are at risk unless you take immediate action. Legitimate organizations do not use such aggressive tactics. Verify any such claims with your health provider directly.

# **Unsolicited Requests for Money:**

Be skeptical of any request for money, especially if it involves wire transfers, gift cards, or cryptocurrency. Legitimate entities will not demand payment through these unconventional methods.

## **Fake Medicare Representatives:**

Medicare representatives will not contact you unexpectedly. If someone claims to be from Medicare and requests personal information or payment, hang up and report the incident to the official Medicare helpline.

## **False Prize Notifications:**

Be wary of notifications claiming you've won a prize or lottery that you didn't enter. Scammers often use this tactic to extract personal and financial information.

# **Impersonation of Trusted Organizations:**

Scammers may pretend to be from reputable organizations, like Medicare or other health agencies. Always verify the identity of the caller or sender before sharing any information.

## **Pressure to Act Quickly:**

Scammers often create a sense of urgency, pressuring individuals to make immediate decisions. Take your time to verify the legitimacy of any request or offer.

Remember, your well-being is our top priority. Stay informed, trust your instincts, and don't hesitate to reach out to official channels to verify any suspicious communication. If in doubt, contact your healthcare provider or Medicare directly.

Together, we can safeguard our community from falling prey to scams.

I'm only a call away, please feel free to call me! (714) 797-9996

Best regards,

Hope Suhr

(714) 797-9996

